



With COVID cases still high in Calderdale, we need to do all we can to help reduce the risk of spreading the virus over the Christmas holidays. As school closes over the Christmas period, it continues to be very important that you let your school know if your child has tested positive for COVID (Coronavirus) and may have had contact with other children in our school whilst infectious.

If your child tests positive for COVID, having started to feel unwell in the last few days of term or over the first weekend after the end of term it's really important that you let the school know as they may have been infectious whilst in school and other children or staff may need to self-isolate. Please contact school on their covid-19 telephone number and your message will be picked up daily and responded to in the run up to Christmas. School will seek advice from Public Health and will alert others who are required to self-isolate.

From Christmas Eve 12.15pm onwards, the school does not need to be contacted if your child tests positive for COVID-19. From this date until the return to school, you should follow any advice given by NHS Test and Trace and provide them with any information they request.

### **What to do if someone in your household develops symptoms of COVID**

The most common symptoms of COVID are:

- A new continuous cough and /or
- A high temperature and/or
- A loss of, or change in, normal sense of taste or smell (anosmia)

If you or a family member have one of the above symptoms your household must self-isolate and seek a test. Your household should continue to self-isolate until you get your test result and are advised what to do next by NHS Test and Trace.

You can arrange a test online at online [www.gov.uk/get-coronavirus-test](http://www.gov.uk/get-coronavirus-test) OR by calling 119

### **How to stop COVID-19 spreading**

There are **3 Big Things** we can all do to help reduce the spread of COVID in Calderdale

- 1) Avoid contact – keep at least 2 metres away from people you don't live with as much as you can
- 2) Self-isolate – if you are advised to do so, and get a test if you have symptoms
- 3) Mask – wear a face covering when you are in a public indoor environment with people you don't know

There is further information available on the Calderdale website at [www.calderdale.gov.uk/v2/coronavirus](http://www.calderdale.gov.uk/v2/coronavirus) and on the Government website [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus).

Stay well and have a good Christmas and New Year.