



Healthy relationships

The Government has committed to introducing Relationships and Sex Education for all secondary schools. DfE will also consult on introducing mandatory Personal, Social and Health Education (PSHE) lessons for all schools. This provides an important opportunity to embed wellbeing and resilience into the curriculum. Alongside this, DfE has announced new Randomised Control Trials to test the effectiveness of interventions aimed at promoting good mental health. However, changes to the curriculum are only part of the solution to improving wellbeing in schools. Lessons should form part of a wider “whole school approach”.

We engage with this through our ‘ARCH’ days which occur six times a year, and through embedding this into our teaching. You can read more about the curriculum at THS on the ‘Curriculum’ tab.

[Click here](#) for a guide to healthy relationships.