



How do we support our students?

At THS we prioritise supporting our young people to build emotional resilience and help them to cope with and bounce back from adversity.

- One to one support with TAC officers and trained Safeguarding staff.
- Wellbeing Wednesday- every week.
- Assemblies- throughout the academic year.
- No Worries- Sexual Health drop in service in school.
- Healthy minds.
- THISS- KS3.
- ARCH days- 6 during the year covering a range of topics relating to wellbeing.
- Intervention work with pastoral staff (assigned to year groups).
- Our Ewood centre (nurture).
- A family environment.
- A "whole school" approach.

By a “whole school approach”, we mean involving every individual in the school community: pupils, parents and all staff and volunteers, from the Head through the caretaker and the cook. Crucially, it’s also about strategy and leadership; the systems and structures within the school. Everyone has the chance to understand and implement practical things which will contribute to changes in practice and benefit all the students in the school.

Additionally, this includes the school’s relationship to the local community and wider mental health system, and their confidence and ability to commission relevant services. It can include strengthening relationships with local providers and commissioners to improve pathways into services for children and young people.